



# ReVista

**14<sup>th</sup> Annual After School  
and School-Aged Conference**  
**Saturday, September 25, 2010**  
South Valley Middle School  
385 I.O.O.F. Ave., Gilroy, CA

It's time to  . Welcome to the **14th Annual After School and School-Aged Conference**, presented by Region V After School Partnerships and the YMCA of Silicon Valley.

**Workshop Participation** Each workshop can accommodate 25 participants. Availability will be on a first-come, first-serve basis. Many of the workshop offerings will be repeated. Please note this is a preliminary list of workshops. A complete listing will be available the day of the conference.

\* Denotes repeated workshop

**Core Competencies** Each workshop is aligned to one or more of six after school program staff Core Competency areas. Each competency area contains specific skill/knowledge sets required of individuals to carry out the responsibilities of various roles in after school (i.e. Grant Manager, Program Director, Site Coordinator, or Frontline Staff). The Core Competencies are research-based, and were developed by four After School Regional Leads from across the State (including Region V) with input from program practitioners, the CA Department of Education, and other leaders in the field. For conference purposes, workshops are aligned to the general core competency areas. Specifics may be obtained by contacting Mara Wold, Region V After School Lead at mwold@monterey.k12.ca.us

**Registration and Continental Breakfast**  
**Opening Session with Keynote Speaker**

8:15 am - 9:00 am  
9:00 am - 9:45 am

## Clickocracy

Jose Antonio Vargas

Like it or not, we now belong to a growing “clickocracy” – one nation under Google and Facebook, with e-mail, video and apps for all. Students today are growing up in a fast paced, ever changing world where technological know-how is critical to life in the 21st Century. How have technological innovations changed the way we relate to each other and the way students learn? What skills are students going to need to learn today to survive in this world tomorrow, and how does this impact the way we teach our youth? Join Jose for this powerful look at youth, technology and modern society!



Source: Washingtonian Magazine

Jose Antonio Vargas, is an award-winning multimedia journalist. He's a senior contributing editor at the Huffington Post, where he launched the Technology and College sections. Previously, he covered tech and video game culture, HIV/AIDS, and the 2008 presidential campaign for the Washington Post, and won a Pulitzer Prize as a part of the team that covered the 2007 massacre at Virginia Tech. His 2006 series on HIV/AIDS in Washington, D.C. inspired a feature-length documentary --The Other City -- which he co-produced and wrote. It world premiered at the 2010 Tribeca Film Festival and will be theatrically released in selected cities this fall.

He taught a class on “Storytelling 2.0” at Georgetown University and serves on the advisory board for the Knight-Batten Award for Innovations in Journalism, housed at American University. A very proud alumnus of Mountain View High School ('00) and San Francisco State University ('04).

News media's evolution, and the breakdown of barriers between print and broadcast journalism, has guided his 12-year reporting career. He's written for daily newspapers (Philadelphia Daily News, San Francisco Chronicle) and national magazines (New Yorker, Rolling Stone) and has appeared on CNN, ABC News and PBS NewsHour.

# Session 1 • 10:00 am - 11:30 am

Workshop	Presenter	Target Audience				Target Population				Core Competencies					
		GM	PD	SC	FS	E (K-2)	UE (3-5)	M (6-8)	H (9-12)	1	2	3	4	5	6
<b>Engaging Relevant and Rigorous Academics</b> Work with middle school students? Looking for engaging activities to support improved academic achievement? This workshop is for you! The focus is English Language Arts—writing strategies. Learn how to engage middle school students in practicing writing conventions, writing different types of sentences and utilizing expressive language to clearly communicate.	<b>CynDee Zandes</b> Consultant 4 Kids, Bakersfield, CA			•	•			•				•			
<b>Planning with Purpose In Mind*</b> What does it mean to be “outcome-based”? This workshop will provide professionals in the field an important opportunity to examine their current approach to program design, develop strategies for taking programs to the next level by connecting program activities to tangible outcomes, and address the critical connection between strong outcomes and on-going funding.	<b>Jennifer Puthoff</b> YMCA of Silicon Valley, San Jose, CA	•	•	•	•	•	•	•				•			
<b>It's Possible! Teaching Visual Arts*</b> Come and join us for this hands-on workshop that will guide you in the use of the visual arts to enhance students' engagement, academic skills, creativity, self-confidence and individual expression.	<b>Kelly Doyle and Roxanne Padgett</b> The Museum of Children's Art, Oakland, CA			•		•	•	•				•			
<b>Online Teaching and Learning to Impact Student Success!*</b> Are your students mastering the skills they will need for life in the 21st century? Virtual schools are already providing the 21st century learning environments that today's students so desperately want and need to be successful in life. Come and learn about tools, programs and opportunities for online teaching and learning!	<b>Martin Cisneros</b> The TechProfe Productions, Watsonville, CA	•	•	•	•		•	•	•			•		•	
<b>Nutrition and Physical Activity Made Easy!*</b> Do you know the importance of teaching nutrition and physical activity? Find out by attending Dairy Council of California's interactive workshop! You'll be introduced to our FREE after school program.	<b>Leslie Fondacabe and Valerie Fung-A-Ling</b> Dairy Council, Oakland, CA		•	•	•	•	•	•		•		•			

## Workshop Codes

### Target Audience

GM=Grant Managers  
 PD=Program Director  
 SC=Site Coordinator  
 FS=Frontline Staff

### Target Population

E=Grades K-2  
 UE=Grades 3-5  
 M=Grades 6-8  
 H=Grades 9-12

### Core Competencies

1. Child and Youth Development
2. Families and Communities
3. Healthy and Safe Environments
4. Curriculum and Learning Environments
5. Professionalism
6. Program Management



Workshop	Presenter	Target Audience				Target Population				Core Competencies					
		GM	PD	SC	FS	E (K-2)	UE (3-5)	M (6-8)	H (9-12)	1	2	3	4	5	6
<b>Keeping It Safe—Bullying Prevention*</b> In this workshop, participants will have the opportunity to take a look at bullying behaviors to gain an awareness of what is bullying, what a bullying situation might encompass, how it affects the overall school climate, and how to empower all members of the school community to support the elimination of bullying.	<b>Iris Ross</b> Educator, Santa Cruz, CA			•	•	•	•			•		•			
<b>Empower &amp; Affect Youth Future*</b> This workshop will show you how to bridge its after school programs to the regular day. Through academic tutorial, enrichment, credit recovery, and community service, youth attendance, grades, and test scores improve. Choose to EMPOWER and AFFECT YOUTH FUTURE through “PURPOSE.”	<b>Cathye M. Estes, M.A.</b> Fresno Unified, Site Coordinator, Fresno, CA		•	•	•				•						
<b>Coaching Staff To Succeed</b> Join us in learning new strategies and techniques on how to coach, motivate, engage and keep your staff self motivated and focused.	<b>Sara Reyes, Laura Demaree and Lorena Solorio</b> C.O.R.A.L., Catholic Charities, San Jose, CA		•	•		•	•	•	•					•	•
<b>Making Connections: Reading Aloud</b> Walk away with a way to engage your students in reading from the beginning of the story to the end! In this workshop, participants will learn effective ways to hold a captive audience by way of introducing a book and helping students make connections to any story.	<b>Manuela Sapinski, Deyanira Hurtado, and Daniel Vasquez</b> C.O.R.A.L., Catholic Charities, San Jose, CA			•	•	•	•	•					•		
<b>CATCH Kids Club: Physical Activity and Nutrition Games Keep your Kids Moving, Healthy, and Having Fun</b> Engage in high energy, fun activities while learning important lifetime nutrition and activity messages. CATCH Kids Club Nationally Recognized, Evidence Based, Physical Activity, Nutrition education with Family Involvement has been implemented in thousands of after-school programs across North America. Participate, Enjoy and Learn how to Implement in your after-school setting.	<b>Kathy Chichester</b> Coordinated Approach to Child Health (CATCH), Hasbrouck Heights, NJ				•	•	•					•			
<b>Drug Use Among Adolescents &amp; What To Do About It*</b> Being on the front lines with our youth, provides opportunity to identify potential risk. Do you know the signs and symptoms of drug use and abuse? Why do adolescents abuse substance? Identify prevention strategies, ways to intervene effectively and gain resources that support adolescents and their families.	<b>Tim Sinnott and Jackie Heath</b> The Camp Recovery Center, Scotts Valley, CA			•	•			•	•			•	•		

Workshop	Presenter	Target Audience				Target Population				Core Competencies					
		GM	PD	SC	FS	E (K-2)	UE (3-5)	M (6-8)	H (9-12)	1	2	3	4	5	6
<b>Nutrition Education For All*</b> This workshop will introduce you to the many nutrition curricula available to your site for FREE!, including training and materials. Come learn how to incorporate nutrition concepts in to core activities of reading, life skills and physical activity. Get recipes and a free cooking demonstration to share with your staff and students.	<b>Elaine Taylor, Susan Algert, Ph.D., and Jeff Tibayan</b> University of California Cooperative Extension, San Jose, CA		•	•	•	•	•	•	•			•			
<b>Staff Professionalism in After School*</b> Ever wonder what people think of you professionally? Ever wonder if professionalism is important in after school programs? This workshop will help you explore the importance of professionalism in your workplace, clarify your roles, responsibilities and improve your overall understanding of etiquette.	<b>Damian Maldonado</b> Region V Consultant, Aptos, CA	•	•	•	•	•	•	•	•					•	•
<b>Changing Lives, Saving Lives!*</b> As a leader in your afterschool program, you have the opportunity to make things happen. Offer exciting, engaging and meaningful learning experiences in nutrition & physical activity. Workshop based on the results of a three-year, statewide Healthy Behaviors Initiative (HBI) learning community that developed and field-tested exemplary practices in nutrition, physical activity and food security.	<b>Jen Bruno</b> PVUSD After School Coordinator, Watsonville, CA		•	•	•	•	•	•	•	•			•		
<b>Meeting State and Federal Requirements in Your Afterschool Program...It's Completely Doable!</b> Categorical Program Monitoring can be intimidating, but don't let it be! Come learn about the state and federal requirements pertaining to the After School Program. If you have an Education and Safety Program (ASES) grant or 21st Century Community Learning Centers (21st CCLC) grant, you can benefit from this workshop.	<b>Cindy Schneider</b> California Department of Education (CDE) Education Programs Consultant, After School Programs Office, Sacramento, CA	•	•	•	•	•	•	•	•						•

**Workshop Codes**

**Target Audience**  
 GM=Grant Managers  
 PD=Program Director  
 SC=Site Coordinator  
 FS=Frontline Staff

**Target Population**  
 E=Grades K-2  
 UE=Grades 3-5  
 M=Grades 6-8  
 H=Grades 9-12

- Core Competencies**
1. Child and Youth Development
  2. Families and Communities
  3. Healthy and Safe Environments
  4. Curriculum and Learning Environments
  5. Professionalism
  6. Program Management



Workshop	Presenter	Target Audience				Target Population				Core Competencies					
		GM	PD	SC	FS	E (K-2)	UE (3-5)	M (6-8)	H (9-12)	1	2	3	4	5	6
<p><b>Diversity Rocks! English Learning in Action*</b></p> <p>This interactive workshop features essential, easy-to-implement strategies to support English learners in after school, including Total Physical Response and visual aids. It provides an overview of the language acquisition stages, with a focus on supporting students in building social and academic vocabulary. Participants also learn how to access high-quality resources from the California After School Resource Center (CASRC).</p>	<p><b>Nora Zamora</b></p> <p>California After School Resource Center (CASRC), Sacramento, CA</p>			•	•	•	•	•				•			
<p><b>The FUNdamentals of School Success: Music, Math, &amp; Movement*</b></p> <p>We can “move to improve” math scores, social behavior skills, physical activity, and time on task through music and meaningful movement, all while having FUN!</p>	<p><b>Vanessa Bautista</b></p> <p>GeoMotion Group, Home of GeoFitness, GoeDance, and Learnercise, West Coast Regional Manager, Orlando, FL</p>	•	•	•	•				•		•				
<p><b>Make the Connection with Math... Fun!*</b></p> <p>Learn fun activities for students to practice mathematics that will boost your confidence to assist students. Games include activities that focus on number sense, mathematical reasoning, and offer many ways for students to practice what they need to learn while having fun.</p>	<p><b>Luke and Linda Dilger</b></p> <p>Mathematics Coordinator/Administrator, Educational Services Department, Monterey County Office of Education/ Mathematics Chair for Soledad High School</p>			•	•			•							
<p><b>Computer In A Box*</b></p> <p>Engage with a MOUSE Squad Student Tech program coordinator and instructor to learn about a nonprofit student tech program. Attendees will participate in “Computer In a Box” and other activities, see correlation to state and national standards. Workshop participants will also engage in activities for selected online curriculum modules.</p>	<p><b>Juanita Croft</b></p> <p>A MOUSE SQUAD, MSCA, S. San Francisco, CA</p>		•	•	•	•	•	•	•			•			
<p><b>Homework Success-After School Style*</b></p> <p>Provide support in after school in order to get work completed thoroughly and responsibly. Make the most of your after school “home” by creating an environment where students develop academic skills, work with others, gain confidence and become independent learners. This workshop equips participants with tools and techniques to energize any homework program.</p>	<p><b>Richard Hackbert</b></p> <p>Region V Consultant, Salinas, CA</p>			•	•			•	•			•			
<p><b>Homework Help Made Simple*</b></p> <p>In this interactive workshop, participants will explore concepts and strategies to make homework help a fun learning experience for all. Concepts will include: scenarios, hands on learning, peer to peer support, teaching strategies and fun based learning.</p>	<p><b>Hudson L. Moore</b></p> <p>Training &amp; Project Director, YMCA of Silicon Valley, San Jose, CA</p>				•	•	•			•					



# Session 2 • 12:40 pm - 2:10 pm

Workshop	Presenter	Target Audience				Target Population				Core Competencies					
		GM	PD	SC	FS	E (K-2)	UE (3-5)	M (6-8)	H (9-12)	1	2	3	4	5	6
<p><b>Math Blast-Strengthening Math Skills Through Games</b></p> <p>Practice makes perfect and engaging ways to help students practice math basics is critical. Join in the fun and learn how to play a variety of games that you can share with students the very next day. Few supplies and materials, just a whole lot of fun! Focus on the Number Sense Strand in the math standards.</p>	<p><b>CynDee Zandes</b> Consultant 4 Kids, Bakersfield, CA</p>			•	•		•					•			
<p><b>Planning with Purpose In Mind*</b></p> <p>What does it mean to be “outcome-based”? This workshop will provide professionals in the field an important opportunity to examine their current approach to program design, develop strategies for taking programs to the next level by connecting program activities to tangible outcomes, and address the critical connection between strong outcomes and on-going funding.</p>	<p><b>Jennifer Puthoff</b> YMCA of Silicon Valley, San Jose, CA</p>	•	•	•	•	•	•	•				•			
<p><b>Raising Children’s Self-Esteem through Creative Fitness Activities*</b></p> <p>This one-of-a-kind workshop includes information on fitness that is easy to understand, easy to implement and aligns with the CA state standards. Learn many instant unique fitness activities that can be introduced immediately so that ALL children have a positive experience being physically active!</p>	<p><b>Sandy Slade</b> Sandy Slade, Inc., Corona, CA</p>			•		•	•	•	•		•	•			
<p><b>Fit For Learning Afterschool</b></p> <p>Fit for Learning is a multi-faceted program that will increase physical activity in elementary students and encourage healthy nutrition. It addresses the school environment at every level: classroom education, school environment, and district policy. Come and learn some fun and easy lessons and activities to help teach your kids about nutrition and healthy lifestyles.</p>	<p><b>Becca Barczykowski</b> YMCA of Silicon Valley, San Jose, CA</p>			•	•	•	•	•		•		•			
<p><b>Youth Development Begins With You</b></p> <p>Youth Development begins with YOU! Join us in this collaborative learning setting where you will understand key components of youth development, connect to them personally, understand how to implement them in program and be able to evaluate your program’s youth development atmosphere.</p>	<p><b>Mark Marano and Carola Secada</b> YMCA of Greater Long Beach, Long Beach, CA</p>				•	•	•		•						

Workshop	Presenter	Target Audience				Target Population				Core Competencies					
		GM	PD	SC	FS	E (K-2)	UE (3-5)	M (6-8)	H (9-12)	1	2	3	4	5	6
<b>Drug Use Among Adolescents &amp; What To Do About It*</b> Being on the front lines with our youth, provides opportunity to identify potential risk. Do you know the signs and symptoms of drug use and abuse? Why do adolescents abuse substance? Identify prevention strategies, ways to intervene effectively and gain resources that support adolescents and their families.	<b>Tim Sinnott and Jackie Heath</b> The Camp Recovery Center, Scotts Valley, CA			•	•				•	•		•	•		
<b>Books That Sing</b> Musical childrens books are a perfect blending of the elements of literature and song. Explore the joy, humor, diversity, creativity, and rich language opportunities that exist in these books.	<b>Cathy McLallen</b> Educator, Davis, CA				•	•			•			•			
<b>Keeping It Safe—Bullying Prevention*</b> In this workshop, participants will have the opportunity to take a look at bullying behaviors to gain an awareness of what bullying is, what a bullying situation might encompass, how it affects the overall school climate, and how to empower all members of the school community to support the elimination of bullying.	<b>Iris Ross</b> Educator, Santa Cruz, CA			•	•	•	•		•		•				
<b>Changing Lives, Saving Lives!*</b> As a leader in your afterschool program, you have the opportunity to make things happen. Offer exciting, engaging and meaningful learning experiences in nutrition & physical activity. Workshop based on the results of a three-year, statewide Healthy Behaviors Initiative (HBI) learning community that developed and field-tested exemplary practices in nutrition, physical activity and food security.	<b>Jen Bruno</b> PVUSD After School Coordinator, Watsonville, CA		•	•	•	•	•	•	•		•				
<b>The FUNdamentals of School Success: Music, Math, &amp; Movement*</b> We can “move to improve” math scores, social behavior skills, physical activity, and time on task through music and meaningful movement, all while having FUN!	<b>Vanessa Bautista</b> GeoMotion Group, Home of GeoFitness, GoEDance, and Learnercise, West Coast Regional Manager, Orlando, FL	•	•	•	•			•	•	•		•			

**Workshop Codes**

**Target Audience**  
 GM=Grant Managers  
 PD=Program Director  
 SC=Site Coordinator  
 FS=Frontline Staff

**Target Population**  
 E=Grades K-2  
 UE=Grades 3-5  
 M=Grades 6-8  
 H=Grades 9-12

**Core Competencies**

1. Child and Youth Development
2. Families and Communities
3. Healthy and Safe Environments
4. Curriculum and Learning Environments
5. Professionalism
6. Program Management



Workshop	Presenter	Target Audience				Target Population				Core Competencies					
		GM	PD	SC	FS	E (K-2)	UE (3-5)	M (6-8)	H (9-12)	1	2	3	4	5	6
<b>Drug Prevention Education and Life Skills*</b> This workshop will give programs an inside peek into the world of evidence based drug prevention education and life skills lessons. Come and participate in two interactive lessons. Learn why and how drug, tobacco and alcohol prevention and life skills should be addressed with your students!	<b>Lynn Baggese</b> Educator, Aptos, CA			•	•			•	•	•		•	•		
<b>Online Teaching and Learning to Impact Student Success!*</b> Are your students mastering the skills they will need for life in the 21st century? Virtual schools are already providing the 21st century learning environments that today's students so desperately want and need to be successful in life. Come and learn about tools, programs and opportunities for online teaching and learning!	<b>Martin Cisneros</b> The TechProfe Productions, Watsonville, CA	•	•	•	•		•	•	•				•	•	
<b>Raising Children's Self-Esteem through Creative Fitness Activities*</b> This one-of-a-kind workshop includes information on fitness that is easy to understand, easy to implement and aligns with the CA state standards. Learn many instant unique fitness activities that can be introduced immediately so that ALL children have a positive experience being physically active!	<b>Sandy Slade</b> Sandy Slade, Inc., Corona, CA			•		•	•	•	•			•	•		
<b>Computer In A Box*</b> Engage with a MOUSE Squad Student Tech program coordinator and instructor to learn about a nonprofit student tech program. Attendees will participate in "Computer In a Box" and other activities, see correlation to state and national standards. Workshop participants will also engage in activities for selected online curriculum modules.	<b>Juanita Croft</b> A MOUSE SQUAD, MSCA, S. San Francisco, CA		•	•	•		•	•	•	•				•	
<b>Nutrition and Physical Activity Made Easy!*</b> Do you know the importance of teaching nutrition and physical activity? Find out by attending Dairy Council of California's interactive workshop! You'll be introduced to our FREE after school program.	<b>Leslie Fondacabe and Valerie Fung-A-Ling</b> Dairy Council, Oakland, CA		•	•	•	•	•	•		•			•		

**Workshop Codes**

**Target Audience**

GM=Grant Managers  
 PD=Program Director  
 SC=Site Coordinator  
 FS=Frontline Staff

**Target Population**

E=Grades K-2  
 UE=Grades 3-5  
 M=Grades 6-8  
 H=Grades 9-12

**Core Competencies**

1. Child and Youth Development
2. Families and Communities
3. Healthy and Safe Environments
4. Curriculum and Learning Environments
5. Professionalism
6. Program Management



Workshop	Presenter	Target Audience				Target Population				Core Competencies					
		GM	PD	SC	FS	E (K-2)	UE (3-5)	M (6-8)	H (9-12)	1	2	3	4	5	6
<p><b>Diversity Rocks! English Learning in Action*</b></p> <p>This interactive workshop features essential, easy-to-implement strategies to support English learners in after school, including Total Physical Response and visual aids. It provides an overview of the language acquisition stages, with a focus on supporting students in building social and academic vocabulary. Participants also learn how to access high-quality resources from the California After School Resource Center (CASRC).</p>	<p><b>Nora Zamora</b></p> <p>California After School Resource Center (CASRC), Sacramento, CA</p>			•	•	•	•	•				•			
<p><b>Food Safety from Farm to Fork*</b></p> <p>Food Safety from Farm to Fork workshop will equip you with ideas and activities for food safety education. Learn the science behind the food we eat. Explore trends in food safety and discover ways to encourage curiosity in investigating what happens from farm to fork. FREE RESOURCES</p>	<p><b>Stephanie Etcheverria</b></p> <p>California Foundation for Agriculture in the Classroom, Sacramento, CA</p>				•		•		•		•	•			
<p><b>Learning English and Beyond: A Holistic Approach for Supporting ELL Students in After School Programs*</b></p> <p>After school programs everywhere are experiencing an increase in enrollment of immigrants and English Learners. Through a video and interactive activities, this workshop will help programs address the needs of these growing populations. The workshop will focus on supporting English language development, maintaining or developing home languages and cultures, and addressing the socioemotional needs of English Learners.</p>	<p><b>Jimena Quiroga and Jhumpa Bhattacharya</b></p> <p>California Tomorrow, Oakland, CA</p>		•	•	•		•	•	•	•			•		
<p><b>“Yah But”.... The Art of Dialogue*</b></p> <p>“Yah But”... Do you find yourself hearing “Yah But” from staff or students? Explanations of why they CAN'T? Learn how to have conversations with your staff and students that will lead to possibilities instead of CAN'T. Join us in this interactive session and discover how you can master the art of dialogue.</p>	<p><b>Amy Christianson and Mike Walsh</b></p> <p>Beacon Services, Rackberby, CA</p>			•	•		•	•		•				•	
<p><b>Bullying No More! Creating Kinder Kids Through Animals*</b></p> <p>This course will awaken the core values in children, through interactive, animal-themed lessons. Abstract concepts like compassion, respect and responsibility are more engaging for children, when animals are a springboard for discussion and learning. Campus bullying reduces when children learn to respect and feel empathy towards peers, parents and pets.</p>	<p><b>Melissa Wolf</b></p> <p>Monterey County Office of Education (MCOE) Animal Services, Salinas, CA</p>		•	•	•	•	•	•		•			•		



# Session 3 • 2:20 pm - 3:50 pm

Workshop	Presenter	Target Audience				Target Population				Core Competencies					
		GM	PD	SC	FS	E (K-2)	UE (3-5)	M (6-8)	H (9-12)	1	2	3	4	5	6
<p><b>Staff Development—More Than Training</b></p> <p>Are you responsible for staff development? Do you feel like you spend your time on-boarding new staff and then repeating the process? Learn how to maximize your effectiveness by practicing side-by-side or real time coaching to strengthen staff performance.</p>	<p><b>CynDee Zandes</b> Consultant 4 Kids, Bakersfield, CA</p>			•	•		•								•
<p><b>Planning with Purpose In Mind*</b></p> <p>What does it mean to be “outcome-based”? This workshop will provide professionals in the field an important opportunity to examine their current approach to program design, develop strategies for taking programs to the next level by connecting program activities to tangible outcomes, and address the critical connection between strong outcomes and on-going funding.</p>	<p><b>Jennifer Puthoff</b> YMCA of Silicon Valley, San Jose, CA</p>	•	•	•	•	•	•	•	•				•		
<p><b>It's Possible! Teaching Visual Arts*</b></p> <p>Come and join us for this hands-on workshop that will guide you in the use of the visual arts to enhance students' engagement, academic skills, creativity, self-confidence and individual expression.</p>	<p><b>Kelly Doyle and Roxanne Padgett</b> The Museum of Children's Art, Oakland, CA</p>			•		•	•	•				•			
<p><b>Online Teaching and Learning to Impact Student Success!*</b></p> <p>Are your students mastering the skills they will need for life in the 21st century? Virtual schools are already providing the 21st century learning environments that today's students so desperately want and need to be successful in life. Come and learn about tools, programs and opportunities for online teaching and learning!</p>	<p><b>Martin Cisneros</b> The TechProfe Productions, Watsonville, CA</p>	•	•	•	•		•	•	•				•	•	
<p><b>Raising Children's Self-Esteem through Creative Fitness Activities*</b></p> <p>This one-of-a-kind workshop includes information on fitness that is easy to understand, easy to implement and aligns with the CA state standards. Learn many instant unique fitness activities that can be introduced immediately so that ALL children have a positive experience being physically active!</p>	<p><b>Sandy Slade</b> Sandy Slade, Inc., Corona, CA</p>			•		•	•	•	•			•	•		

Workshop	Presenter	Target Audience				Target Population				Core Competencies					
		GM	PD	SC	FS	E (K-2)	UE (3-5)	M (6-8)	H (9-12)	1	2	3	4	5	6
<p><b>Diversity Rocks! English Learning in Action*</b></p> <p>This interactive workshop features essential, easy-to-implement strategies to support English learners in after school, including Total Physical Response and visual aids. It provides an overview of the language acquisition stages, with a focus on supporting students in building social and academic vocabulary. Participants also learn how to access high-quality resources from the California After School Resource Center (CASRC).</p>	<p><b>Nora Zamora</b></p> <p>California After School Resource Center (CASRC), Sacramento, CA</p>			•	•	•	•	•				•			
<p><b>Drug Prevention Education and Life Skills*</b></p> <p>This workshop will give programs an inside peek into the world of evidence based drug prevention education and life skills lessons. Come and participate in two interactive lessons. Learn why and how drug, tobacco and alcohol prevention and life skills should be addressed with your students!</p>	<p><b>Lynn Baggese</b></p> <p>Educator, Aptos, CA</p>			•	•			•	•	•		•	•		
<p><b>Drug Use Among Adolescents &amp; What To Do About It*</b></p> <p>Being on the front lines with our youth, provides opportunity to identify potential risk. Do you know the signs and symptoms of drug use and abuse? Why do adolescents abuse substance? Identify prevention strategies, ways to intervene effectively and gain resources that support adolescents and their families.</p>	<p><b>Tim Sinnott and Jackie Heath</b></p> <p>The Camp Recovery Center, Scotts Valley, CA</p>			•	•			•	•		•	•			
<p><b>Empower &amp; Affect Youth Future*</b></p> <p>This workshop will show you how to bridge its after school programs to the regular day. Through academic tutorial, enrichment, credit recovery, and community service, youth attendance, grades, and test scores improve. Choose to EMPOWER and AFFECT YOUTH FUTURE through "PURPOSE."</p>	<p><b>Cathy M. Estes, M.A.</b></p> <p>Fresno Unified, Site Coordinator, Fresno, CA</p>		•	•	•			•	•						
<p><b>A Road Map: Creating Healthier After School Environments</b></p> <p>In this interactive presentation, participants will explore program practices related to creating a healthier after school environment. Site Coordinators from San Francisco Unified School District will share innovative health promotion strategies that support students, families and staff. Participate in a "Family Health Event" and create a "Jump Rope Club".</p>	<p><b>Yashica Crawford, Gabby Guinea, and Alice Tam</b></p> <p>San Francisco Unified School District, San Francisco, CA</p>			•		•	•				•	•	•		

Workshop	Presenter	Target Audience				Target Population				Core Competencies					
		GM	PD	SC	FS	E (K-2)	UE (3-5)	M (6-8)	H (9-12)	1	2	3	4	5	6
<b>“Yah But”.... The Art of Dialogue*</b> “Yah But”... Do you find yourself hearing “Yah But” from staff or students? Explanations of why they CAN’T? Learn how to have conversations with your staff and students that will lead to possibilities instead of CAN’T. Join us in this interactive session and discover how you can master the art of dialogue.	<b>Amy Christianson and Mike Walsh</b> Beacon Services, Rackberby, CA			•	•		•	•		•				•	
<b>Exciting Enrichment Adventures with Children’s Literature</b> Have fun extending books! Learn about art projects, songs, drama, stories you can do with children to enrich literature and make what you present memorable.	<b>Cathy McLallen</b> Educator, Davis, CA				•	•				•		•			
<b>Bullying No More! Creating Kinder Kids Through Animals*</b> This course will awaken the core values in children, through interactive, animal-themed lessons. Abstract concepts like compassion, respect and responsibility are more engaging for children, when animals are a springboard for discussion and learning. Campus bullying reduces when children learn to respect and feel empathy towards peers, parents and pets.	<b>Melissa Wolf</b> Monterey County Office of Education (MCOE) Animal Services, Salinas, CA		•	•	•	•	•	•		•		•			
<b>Nutrition and Physical Activity Made Easy!*</b> Do you know the importance of teaching nutrition and physical activity? Find out by attending Dairy Council of California’s interactive workshop! You’ll be introduced to our FREE after school program	<b>Leslie Fondacabe and Valerie Fung-A-Ling</b> Dairy Council, Oakland CA		•	•	•	•	•	•		•		•			
<b>Making Connections: Word Works</b> Walk away with activities that you can use with your students! In this workshop, participants will learn effective ways to introduce engaging literacy-based games for students from kindergarten to eighth grade.	<b>Minerva Sarellano, Lucia Sanchez, and Dan Fukuyama</b> Catholic Charities (CORAL), San Jose, CA			•	•	•	•	•				•			
<b>Sports, Play and Active Recreation for Kids (S.P.A.R.K.)</b> S.P.A.R.K. is a sure fire way to get your kids engaged in fun physical activities. Get their heart rates up as they learn new skills, teamwork and cooperation....all while having fun!	<b>Becca Barczykowski</b> YMCA of Silicon Valley, San Jose, CA			•	•	•	•	•		•		•	•		



**Target Audience**

GM=Grant Managers  
 PD=Program Director  
 SC=Site Coordinator  
 FS=Frontline Staff

**Target Population**

E=Grades K-2  
 UE=Grades 3-5  
 M=Grades 6-8  
 H=Grades 9-12

**Core Competencies**

1. Child and Youth Development
2. Families and Communities
3. Healthy and Safe Environments
4. Curriculum and Learning Environments
5. Professionalism
6. Program Management



Workshop	Presenter	Target Audience				Target Population				Core Competencies					
		GM	PD	SC	FS	E (K-2)	UE (3-5)	M (6-8)	H (9-12)	1	2	3	4	5	6
<p><b>Let's Move It, Move It, Move It—Meaningful Movement &amp; School Success</b></p> <p>First Lady Obama has challenged with her movement initiative entitled “Let’s Move!” This session provides conference attendees with “method-a-minute activities that are great for children and fun for staff. Good for staff. We need to move more and be great examples for children. Activities are presented to music which increases chances for memory development. Music and activities are great ways to deliver skills that need repetition in order to be recalled and practiced for a lifetime.</p>	<p><b>Vanessa Bautista</b> GeoMotion Group, Home of GeoFitness, GoeDance, and Learnercise, West Coast Regional Manager, Orlando, FL</p>	•	•	•	•	•	•			•		•			
<p><b>Staff Professionalism in After School*</b></p> <p>Ever wonder what people think of you professionally? Ever wonder if professionalism is important in after school programs? This workshop will help you explore the importance of professionalism in your workplace, clarify your roles, responsibilities and improve your overall understanding of etiquette.</p>	<p><b>Damian Maldonado</b> Region V Consultant, Aptos, CA</p>	•	•	•	•	•	•	•						•	•
<p><b>Homework Help Made Simple*</b></p> <p>In this interactive workshop, participants will explore concepts and strategies to make homework help a fun learning experience for all. Concepts will include: scenarios, hands on learning, peer to peer support, teaching strategies and fun based learning.</p>	<p><b>Hudson L. Moore</b> Training &amp; Project Director, YMCA of Silicon Valley, San Jose, CA</p>					•	•				•				
<p><b>Homework Success-After School Style*</b></p> <p>Provide support in after school in order to get work completed thoroughly and responsibly. Make the most of your after school “home” by creating an environment where students develop academic skills, work with others, gain confidence and become independent learners. This workshop equips participants with tools and techniques to energize any homework program.</p>	<p><b>Richard Hackbert</b> Region V Consultant, Salinas, CA</p>			•	•			•	•				•		
<p><b>Planting Seeds of Health—Fun and Easy Nutrition Activities*</b></p> <p>A fun interactive workshop that will focus on infusing nutrition and physical activities into your after school program. Participants will experience several activities that they can take back to their program as well as resources for additional activities.</p>	<p><b>Debra and Lloyd Mason</b> Ambrose Recreation and Park Dept., Bay Point, CA</p>			•	•	•	•			•		•	•		
<p><b>Food Safety from Farm to Fork*</b></p> <p>Food Safety from Farm to Fork workshop will equip you with ideas and activities for food safety education. Learn the science behind the food we eat. Explore trends in food safety and discover ways to encourage curiosity in investigating what happens from farm to fork. FREE RESOURCES</p>	<p><b>Stephanie Etcheverria</b> California Foundation for Agriculture in the Classroom, Sacramento, CA</p>				•		•		•		•	•	•		

Workshop	Presenter	Target Audience				Target Population				Core Competencies					
		GM	PD	SC	FS	E (K-2)	UE (3-5)	M (6-8)	H (9-12)	1	2	3	4	5	6
<b>Learning English and Beyond: A Holistic Approach for Supporting ELL Students in After School Programs*</b> After school programs everywhere are experiencing an increase in enrollment of immigrants and English Learners. Through a video and interactive activities, this workshop will help programs address the needs of these growing populations. The workshop will focus on supporting English language development, maintaining or developing home languages and cultures, and addressing the socioemotional needs of English Learners.	<b>Jimena Quiroga and Jhumpa Bhattacharya</b> California Tomorrow, Oakland, CA		•	•	•		•	•	•	•			•		
<b>Changing Lives, Saving Lives!*</b> As a leader in your afterschool program, you have the opportunity to make things happen. Offer exciting, engaging and meaningful learning experiences in nutrition & physical activity. Workshop based on the results of a three-year, statewide Healthy Behaviors Initiative (HBI) learning community that developed and field-tested exemplary practices in nutrition, physical activity and food security.	<b>Jen Bruno</b> PVUSD After School Coordinator, Watsonville, CA		•	•	•	•	•	•	•	•		•			



**Target Audience**

GM=Grant Managers  
 PD=Program Director  
 SC=Site Coordinator  
 FS=Frontline Staff

**Target Population**

E=Grades K-2  
 UE=Grades 3-5  
 M=Grades 6-8  
 H=Grades 9-12

**Core Competencies**

1. Child and Youth Development
2. Families and Communities
3. Healthy and Safe Environments
4. Curriculum and Learning Environments
5. Professionalism
6. Program Management



**Closing Session with Keynote Speaker**

4:00 pm - 4:30 pm

**Who You A.R.E. Matters!**

Dr. Gale K. Gorke

It has been said that “no significant learning happens apart from a significant relationship.” Building rapport and genuinely connecting with your students are essential to the success of your students and program. Do you know who your students are? Do you know their interests and needs? Are you intentional in making and creating a connection with all your students? We must reach our kids’ minds through their hearts. Our Actions teach Responsibility through Example! Who you A.R.E. really does matter! Join Dr. Gale Gorke for closing remarks that are sure to inspire and motivate us all!

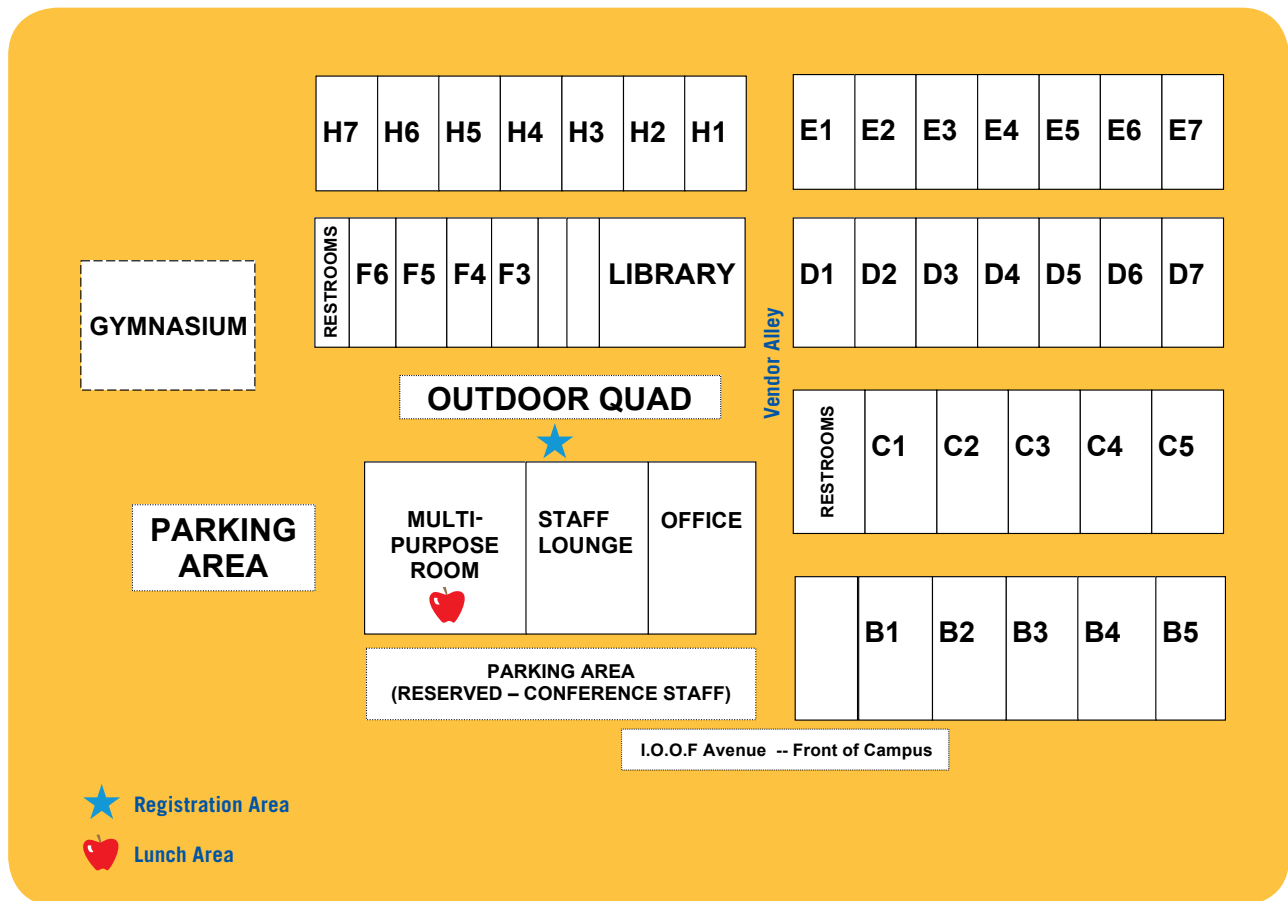


Dr. Gale K. Gorke, Gale has been a public school educator nearly 25 years, teaching at both the elementary and secondary levels. She currently is the Executive Director of Kids Kan Inc., an organization that specializes in staff development, activity selection and program implementation. Gale has served as an adjunct professor in the School of Education for both La Sierra University and Chapman University. Her Ed.D. in Curriculum and Instruction focused on academic intervention in after school programs and her Ed.S. is in School Psychology. She effectively models teaching that accommodates for all student’s ability levels and reflects a keen awareness of adolescent development and brain-based learning principles. Her enthusiasm is contagious! Gale believes that the best way to learn is through play and the way you show up for the game is the way you show up for life.

**Notes:**



# Sponsored by:



**Save the date for the 15<sup>th</sup> Annual  
After School and School-Aged Conference!**

**• September 24, 2011 •**